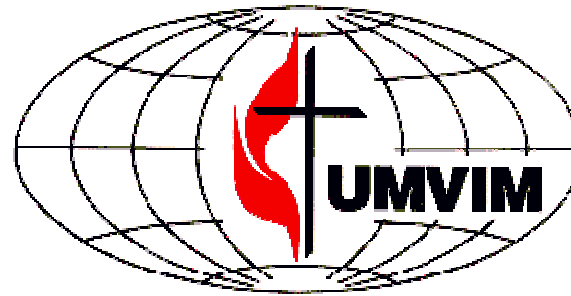


What is food insecurity?

Food insecurity is defined as a family being uncertain of having, or being unable to acquire, enough food for all household members because they have insufficient money and other resources for food by the U.S. Department of Agriculture; *Household Food Security in the United States 2004*.

Amongst Methodism's Breadbasket clients, 51% must choose between food and paying utilities; 46% must choose between food or paying for housing; 39% must choose between food, medications, or medical care.

For Texans who receive Food Stamps, the average monthly benefit per person is \$85.10; for households served by Methodism's BreadBasket feeding programs, who receive Food Stamps, the benefit is exhausted after an average of 2.5 weeks.



United Methodist Volunteers in Mission

North Texas Annual Conference

United Methodist Church
PO Box 866128
Plano, TX 75075

972-526-5000 or 800-969-8201
For questions about this project, please contact
bishir@ntcumc.org

Annual Conference VIM Project June 8-11, 2008



Methodism's Breadbasket



Dear North Texas Conference,

Methodism's Breadbasket board of Directors and clients would like to thank you for choosing MBB as this year's VIM project for annual conference.,

We have assessed the need and voted to focus on our Senior citizens.

Many are food insecure, caring for grandchildren and living on SSI or Disability, an average of \$565.00 per month. They are in need of assistance to pay for their prescription medications and everyday personal hygiene items we take for granted.

God bless you for considering this opportunity to participate in our project.

Ana M. Blake, CPA
Board Chair
Methodism's Breadbasket

How You Can Help

1. Pharmacy Gift Cards

For local pharmacies- Wal-Mart, CVS, Walgreens.

2. Assemble Senior Care Packages

Let someone know you are thinking about them. Good things to include:

- Toothpaste
- Lotion
- Depends (adult diapers)
- Boost (meal supplement)
- Toilet Paper
- Bibles (large print)
- Food- Canned meats, vegetables, water/ juice.
- Notes of Christian love & encouragement

3. Funds to purchase food

With a \$1 donation Methodism's Bread Basket can purchase \$10 worth of food to feed a family.

Where To Bring Your Donations—June 9 & 10, 2008, Plano Centre

Bring your donations to the Methodism's Bread Basket booth on Monday or Tuesday of Annual Conference. We'll have a truck or trailer in the parking lot to receive the care packages.

About Methodism's Breadbasket

Methodism's Breadbasket is a non-profit organization founded in 1970; a mission of the North Texas Conference of United Methodist Churches. For almost four decades, the Breadbasket has been serving thousands of neighbors in need each year from our food pantry.



In 2006, more than 128,000 pounds of food were collected and distributed to 3400 families, more than 6200 people, who live within its service areas and meet TEXCAP Income Eligibility Guidelines.



Cynthia Martin, Executive Director

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